



PROVIDER REFERRAL FORM
Fit Families for Life- *Be in Charge!*SM Program
Medi-Cal

Fax the completed form to the Health Net* Health Education Department at **800-628-2704** or by email at healtheducationdept@healthnet.com.

For questions or to check the status of a submitted referral, contact the Health Education Department directly at 800-804-6074.

Provider: Please complete the information below before sending the referral form by fax or email.

Health Net member information:

Member full name: _____ Member ID: _____ Gender: _____

Date of birth: _____ Age: _____ Preferred written language: ☐ English ☐ Spanish ☐ Other: _____

Address: _____ City: _____ State: _____ ZIP Code: _____

Phone (_____) _____ Parent/Legal guardian full name: _____

Select requested weight management resources:

☐ **Fit Families for Life (FFFL) – Home Edition**

Five week, self-study, home-based family program aimed at improving food choices and physical activity.
Includes a booklet, cookbook, exercise stretch band and access to online workout videos.

☐ **Healthy Habits Healthy People (HHHP)**

Weight management program for older adults aimed to improve food choices and physical activity.
Includes a booklet, cookbook, exercise stretch band and access to online workout videos.

Physician information:

Name: _____ License number: _____

Clinic/provider group name: _____

Phone number: (_____) _____ Fax number: _____

Email address: _____

Physician signature: _____ Date: _____

*Health Net of California, Inc., Health Net Community Solutions, Inc. and Health Net Life Insurance Company are subsidiaries of Health Net, LLC and Centene Corporation. Health Net is a registered service mark of Health Net, LLC. All other identified trademarks/service marks remain the property of their respective companies. All rights reserved.
CONFIDENTIALITY NOTE FOR FAX TRANSMISSION: This facsimile may contain confidential information. The information is intended only for the use of the individual or entity named above. If you are not the intended recipient, or the person responsible for delivering it to the intended recipient, you are hereby notified that any disclosure, copying, distribution, or use of the information contained in this transmission is strictly PROHIBITED. If you have received this transmission in error, please notify the sender immediately by phone or by return fax and destroy this transmission, along with any attachments.